



Dear Midwives,

Please see important update related to COVID-19 below:

## INCREASED PROTECTION FOR MIDWIVES

There has recently been a rapid increase in the number of midwives required to isolate and be off work due to Alberta's surge in COVID-19 cases. It is more important than ever for midwives to protect themselves. We recommend adhering to the following:

## COVID-19 Recommendations

**01** Use virtual care where appropriate.

**04** Midwives must sign attendance logs upon entry to and exit from units/hospitals.

**05** Continuous masking is expected for midwives, clients and support people for all in-person interactions. Labouring clients are not required to wear a mask.

**02** Complete Point of Care Risk Assessment (COVID Screen) on all clients and support people prior to in-person visits. Midwives may need to don extra PPE (e.g. eye protection).

**06** If a client/support person refuses to wear a mask during in-person interactions, use your clinical judgment and ensure your personal safety. Offer options: leaving the vicinity (not attending the birth/visit), conducting a virtual visit, donning full PPE, or directing them to another setting - clinic or hospital.

**03** Limit support people in all community interactions. Document names and contact information of anyone at in-person community interactions.

**07** Ask all present to practice proper hand hygiene and physical distancing of two metres when possible.

